## PHYSICAL EDUCATION, GRADES 9-12

| EDUCATOR PREPARATION PROGRAM NAME | EDUCATOR PREPARATION PROGRAM CODE |
| :--- | :--- |
| Missouri Baptist University | 041538 |

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## INSTRUCTIONS

Please complete Educator Preparation Program (EPP) Name \& EPP Code above.

## Certification Requirements

- Course Number - List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or grouplisted.
- Course Title - List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or grouplisted.
- Semester Hours - List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or DESE.MoSPETransition@dese.mo.gov

| A. Professional Requirements (Minimum of 16 semester hours) |  |  |  |
| :---: | :---: | :---: | :---: |
| 1. Content Planning and Delivery |  |  |  |
|  | Course Number | Course Title | Semester Hours |
| a. Curriculum and Instructional Planning | EDPE 433/533 EDPE 453/553 EDPE 463/563 | Curriculum, Theory, and Methods of Physical <br> Education in the Elementary School <br> Curriculum, Theory and Methods of Physical Education in the Middle School <br> Curriculum, Theory, and Methods of Physical <br> Education in the Secondary School | (Hours counted in <br> C. Content <br> Knowledge) |
| b. Instructional Strategies and Techniques in Content Area Specialty | EDPE 433/533 <br> EDPE 453/553 <br> EDPE 463/563 | Curriculum, Theory, and Methods of Physical Education in the Elementary School Curriculum, Theory and Methods of Physical Education in the Middle School Curriculum, Theory, and Methods of Physical Education in the Secondary School | (Hours counted in <br> C. Content <br> Knowledge) |
| c. Assessment, Student Data, and Data-Based Decision-Making | EDPE 433/533 EDPE 453/553 EDPE 463/563 | Curriculum, Theory, and Methods of Physical <br> Education in the Elementary School <br> Curriculum, Theory and Methods of Physical <br> Education in the Middle School <br> Curriculum, Theory, and Methods of Physical <br> Education in the Secondary School | (Hours counted in <br> C. Content <br> Knowledge) |
| d. Strategies for Content Literacy | EDRD 423/523 | Integration of Literacy in the Content Areas | (Hours counted in \#4. Below) |
| e. Critical Thinking and Problem Solving | EDUC 201 <br> EDUC 220 <br> EDUC 303 <br> EDUC 373 OR EDUC 573 | Professional Growth and Folio Development I Continuing Professional Development for Teacher Candidates <br> Methods of Teaching and Differentiated Instruction <br> Technology and Instructional Media OR Applications of Technology in Teaching and Learning | $\begin{aligned} & 1 \\ & 0 \\ & 1 \\ & 3 \end{aligned}$ |
| f. English Language Learning | $\begin{gathered} \text { EDUC } 203 \\ \text { EDRD } 423 / 523 \end{gathered}$ | Teaching in a Diverse Society Integration of Literacy in the Content Area Students transferring in a course for EDRD 423/523 which does not include a field experience working with English language learners must complete EDCL 420/520 Field Experience with English Language Learners | 1 (Hours counted in \#4. Below) |
| 2. Individual Student Needs |  |  |  |
|  | Course Number | Course Title | Semester Hours |
| a. Psychological Development of the Child and Adolescent | PSYC 313 OR PSYC 553 EDPS 383 EDPS 453/553 EDTR 413/513 | Human Growth and Development OR Advanced Human Development <br> Psychology of Teaching and Learning The Exceptional Child Trauma Informed Classroom | $3$ $\begin{aligned} & 1 \\ & 1 \\ & 1 \end{aligned}$ |
| b. Psychology/Education of the Exceptional | EDPS 453/553 | The Exceptional Child | 2 |
| c. Differentiated Learning | EDUC 303 | Methods of Teaching and Differentiated | 2 |


|  |  | Instruction |  |
| :---: | :---: | :---: | :---: |
| d. Classroom Management | $\begin{aligned} & \hline \text { ETOP 423/523 } \\ & \text { EDTR 413/513 } \end{aligned}$ | Classroom and Behavior Management Trauma Informed Classroom | $\begin{aligned} & 2 \\ & 1 \end{aligned}$ |
| e. Cultural Diversity | EDUC 203 | Teaching in a Diverse Society | 2 |
| f. Educational Psychology | EDPS 383 | Psychology of Teaching and Learning | 1 |
| 3. Schools and the Teaching Profession |  |  |  |
|  | Course Number | Course Title | Semester Hours |
| a. Consultation and Collaboration | EDPE 433/533 EDPE 453/553 EDPE 463/563 EDPS 383 EDTR 413/513 EDUC 210 AND $410 / 510$ EDUC 401 ETOP 423/523 | Curriculum, Theory, and Methods of Physical <br> Education in the Elementary School <br> Curriculum, Theory and Methods of Physical <br> Education in the Middle School <br> Curriculum, Theory, and Methods of Physical <br> Education in the Secondary School <br> Psychology of Teaching and Learning <br> Trauma Informed Classroom <br> Teaching Field Experience I and II Seminar <br> Professional Growth and Folio Development II Classroom and Behavior Management | (Hours counted in C. Content Knowledge) |
| b. Legal/Ethical Aspects of Teaching | EDPS 383 EDUC $410 / 510$ ETOP 423/523 | Psychology of Teaching and Learning Teaching Field Experience II Seminar Classroom and Behavior Management | $\begin{gathered} 0.5 \\ 0 \\ 0.5 \end{gathered}$ |
| 4. Literacy to include Reading and Writing in the Content Area (Minimum of 3 semester hours) |  |  |  |
|  | Course Number | Course Title | Semester Hours |
|  | EDRD 423/523 | Integration of Literacy in the Content Areas | 3 |
| Professional Requirements - Total Semester Hours |  |  | 29 |
| B. Field and Clinical Experiences (Minimum of 10 semester hours) |  |  |  |
|  | Course Number | Course Title | Semester Hours |
| 1. Early Field Experiences (Minimum of 1 semester hour with a minimum of 30 clock hours) | $\begin{aligned} & \hline \text { EDCL } 211 \\ & \text { *EDCL } 220 \\ & \\ & \text { EDUC } 210 \end{aligned}$ | Teaching Field Experience I <br> *Teaching Field Experience (required for transfer students who do not have a MEES (or equivalent) evaluation for Field I Teaching Field Experience I Seminar | $\begin{aligned} & 1 \\ & 0 \\ & 0 \\ & \hline \end{aligned}$ |
| 2. Mid-Level Field Experiences (Minimum of 1 semester hour with a minimum of 45 clock hours) | $\begin{aligned} & \text { EDCL 411/511 } \\ & \text { EDUC 410/510 } \end{aligned}$ | Teaching Field Experience II Teaching Field Experience II Seminar | $\begin{aligned} & 1 \\ & 0 \\ & \hline \end{aligned}$ |
| 3. Culminating Clinical Experiences (Minimum of 8 semester hours with a minimum of 12 weeks in 1 placement) | ELCL 4709/5709 AND ESCL 4703/5703 OR ESCL 4709/5709 AND ELCL 4703/5703 EDUC 470 | Student Teaching: Elementary AND Secondary <br> OR <br> Student Teaching: Secondary AND Elementary <br> Student Teaching Professional Development Seminar | $9 / 3$ 0 |
| Field and Clinical Experiences - Total Semester Hours |  |  | 14 |
| C. Physical Education Content Knowledge Area (Minimum of 51 semester hours) |  |  |  |
|  | Course Number | Course Title | Semester Hours |
| 1. History and Philosophy (3 semester hours) | EXSC 283 | History and Philosophy of Sport | 3 |
| 2. Anatomy-Physiology (3 semester hours) | $\begin{aligned} & \hline \text { BIOL } 203 \text { AND } 201 \\ & \text { OR } \\ & \text { BIOL } 213 \text { AND } 211 \end{aligned}$ | Human Biology and Lab OR Anatomy and Physiology I and Lab AND Anatomy and Physiology II and Lab | 4-8 |
| 3. Kinesiology (3 semester hours) | EXSC 433 | Biomechanics | 3 |
| 4. Physiology of Exercise (3 semester hours) | EXSC 313 | Exercise Physiology I | 3 |
| 5. Assessment in Physical Education (3 semester hours) | EXSC 413 | Exercise Testing and Prescription | 3 |
| 6. Health Related Fitness/Wellness (3 semester hours) | KHSC 333 | Health and Wellness | 3 |
| 7. Lifetime Activities and Dance (3 semester hours) | PHED 253 OR <br> KACT 101A <br> KACT 101F <br> KACT 101G <br> KACT 101J <br> KACT 101L <br> KACT 101W <br> KACT 101X <br> THDA 101 <br> THEA 131 <br> THEA 141 <br> THEA 331 | Lifetime Activities and Dance <br> OR <br> Select three (3) courses from the following: Archery <br> Fitness Theory and Practice Golf <br> Aerobic Running <br> Stretching for Flexibility Strength Training Bowling <br> Fundamentals of Dance Ballet I Jazz I <br> Ballet II | $\begin{aligned} & \hline 3 \\ & \\ & 1 \\ & 1 \\ & 1 \\ & 1 \\ & 1 \\ & 1 \\ & 1 \\ & 1 \\ & 1 \\ & 1 \\ & 1 \end{aligned}$ |


|  | THEA 341 THEA 351 | $\begin{gathered} \hline \text { Jazz II } \\ \text { Tap } \\ \hline \end{gathered}$ | $\begin{aligned} & 1 \\ & 1 \end{aligned}$ |
| :---: | :---: | :---: | :---: |
| 8. Adapted Physical Education (3 semester hours) | EXSC 363 | Adapted Physical Activity | 3 |
| 9. Psychological/Sociological Aspects of Physical Education (3 semester hours) | SMGT 333 EXSC $403 / 503$ OR SMGT $433 / 533$ | Sport Sociology Exercise Psychology OR Sport Psychology | 3 3 |
| 10. Motor Development/Motor Learning (3 semester hours) | EXSC 343 | Motor Learning and Control | 3 |
| 11. First Aid, CPR, and Care of Activity/Sport Injuries ( 6 semester hours) | $\begin{aligned} & \hline \text { PHED } 133 \\ & \text { EXCS } 233 \\ & \hline \end{aligned}$ | First Aid and CPR <br> Care and Prevention of Athletic Injuries | $\begin{aligned} & \hline 3 \\ & 3 \\ & \hline \end{aligned}$ |
| 12. Movement and Rhythms (3 semester hours) | PHED 263 | Movement and Rhythms | 3 |
| 13. Team/Individual Sports Instruction (3 semester hours) | EDPE 453/553 <br> EDPE 463/563 | Curriculum, Theory, and Methods of Physical Education in the Middle School: Seminar and Field Experience <br> Curriculum, Theory, and Methods of Physical Education in the Secondary School: Seminar and Field Experience | 3 |
| 14. Instructional Techniques in Physical Education K12 (6 semester hours) | EDPE 433/533 <br> EDPE 453/553 <br> EDPE 463/563 | Curriculum, Theory, and Methods of Physical <br> Education in the Elementary School Curriculum, Theory and Methods of Physical Education in the Middle School Curriculum, Theory, and Methods of Physical Education in the Secondary School | 6 |
| 15. Nutrition (3 semester hours) | BIOL 303 | Nutrition Science | 3 |
| Physical Education Content Knowledge Area - Total Semester Hours |  |  | 55-59 |

