

Self Defense Class

When: 5:00 PM

Where: SRC Group Fitness Room

Open to all faculty,
staff and students.

Wear something comfortable
and bring water!

SPARTAN



TACTICS

Class Dates for Spring 2025:

Jan 23	Mar 20
Feb 06	Apr 03
Feb 20	Apr 17
Mar 06	May 01

OFFICER D. EDINGER

Taekwondo Instructor

R.A.D. Instructor

Gracie Survival Tactics Instructor

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