

PARENT AND FAMILY Guidebook

IN THE Guidebook

- 3 NOTE FROM PRESIDENT ROSS
- 4 NOTE FROM ALUMNI ENGAGEMENT
- **6 SUPPORTING YOUR STUDENT**
- 8 ACADEMICS
- 10 STUDENT LIFE
- 12 HEALTH AND SAFETY
- 14 FINANCES
- 16 CAREER DEVELOPMENT
- 17 SHARING SHOP
- **18 PRAYING FOR YOUR STUDENT**
- **19 OFFICE CONTACT INFORMATION**



A NOTE FROM **President Ross**

Dear MBU Parents and Families,

Ginger and I want to welcome you to the MBU community. As a member, you play an important role, and we are eager to connect with you as your student transitions to MBU. We want you to know how grateful we are for the encouragement and support you have provided your student along the way.

Please be assured that our focus at every level is to foster an environment that is safe and healthy where MBU students grow, learn, reflect, flourish and are challenged to sharpen their God-given talents. This is a great responsibility and one that we do not take lightly.

As you read this Parent and Family Guidebook, I trust you will find it helpful as you also navigate the transition of sending your student to college. Let's join together in making these next four years truly transformative!

Blessings in Christ,

DR. KEITH ROSS

President, Missouri Baptist University



A NOTE FROM Alumni Engagement

Welcome to the MBU Community!

We are delighted to have you and your student join the Missouri Baptist University family. At MBU, we believe education goes beyond academics — it's about building a strong sense of belonging, community and shared values.

As part of the Spartan family, you and your student play an essential role in bringing this vision to life. We are committed to keeping you informed, engaged and supported throughout your journey with us.

Whether you're nearby or miles away, we invite you to fully embrace what it means to be a Spartan. Thank you for placing your trust in us — we look forward to seeing your student grow, thrive and transform during their time at MBU.

JULIE SULLIVAN

Director of Development and Alumni Engagement





Supporting YOUR STUDENT

College is an exciting time of growth for your student. Forging learning new perspectives, discovering ways to grow—your stu experience some of their greatest highs and lows in life at colle

Here are some suggestions for helping your student make t smoothly.

Ask Your Student...

- How can you be intentional about building friendships with other students?
- Do you tend to overcommit or under commit yourself? What are some strategies you can use to balance your time and energy?
- How do you think college will be different from high school?
- What are you most excited about? What are you most nervous about?
- What can I do to help smooth your transition to college?











Strategies for Supporting Your Student

- Pray for your student. See page 16 for ideas!
- Encourage your student when they make mistakes.
- Always be available for a phone call or a visit, no matter what time of day (or night) it is.
- Send your student letters and care packages. Mail to:

Student's Name c/o Missouri Baptist University One College Park Drive Saint Louis, MO 63141

- Show interest in their classes and friendships.
- Tell your student when you see them demonstrate growth or maturity. Give specific encouragement instead of general compliments.

Academics

Ways to Encourage Your Student

- Encourage your student to take advantage of electives, internships and other opportunities to explore career options.
- Suggest that your student seek out their professors for help and wisdom.
- Remember that grades don't determine your student's success—don't pressure your student on their GPA or test results, but help them keep a healthy mindset about grades.
- Model an attitude of lifelong learning to your student.





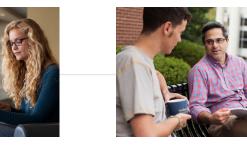
Student Success Center

ADVISING

Your student is assigned a student success advisor (SSA) that will work alongside them in the course registration and academic planning process. SSAs also provide general guidance and support and will work with your student throughout their time at MBU. Encourage your student to meet with their SSA if they have questions about their class schedule, academic plan, or general questions/concerns.

TUTORING

The Student Success Center also provides tutoring for almost every subject. General education course tutoring is available by walk-in, or students can make an appointment for major-specific tutoring at <u>calendly.com/mbututoring</u>.





FERPA

The Family Educational Rights and Privacy Act (FERPA) protects the privacy rights of college students. Due to FERPA regulation, **MBU cannot release any student education records without the student's prior written consent, even to the student's parent.**

Student Life

MBU has plenty of opportunities for your student to get involved on campus! From campus-wide events in the Quad to dorm hall hangouts, campus hums with energy throughout the school year. Here are some classic student events our students look forward to each year.

BLOCK PARTY

A summer-themed party with ice cream, music and our annual limbo contest.

UP ALL NIGHT

A late night hangout that lasts until 2 a.m. with rec sports, video games and, of course, plenty of snacks.

HOMECOMING

A week of fun capped off with our annual football game.

FIRST THURSDAYS

A monthly hangout at thePerk ranging from game nights to grocery bingo to karaoke.



St. Louis Recommendations -

Just fifteen minutes from downtown St. Louis, your student has plenty of options for weekend adventures. Check out some of these St. Louis favorites:

- Forest Park (free!)
- City Foundry STL
- Cardinals baseball game, Blues hockey game, St. Louis CITY SC Soccer Match or Battlehawks football game
- City Museum
- St. Louis Art Museum (free!)
- St. Louis Zoo (free!)
- Missouri Botanical Garden

Spiritual Life

MBU provides plenty of opportunities for your student to plug into a community of believers and grow in their relationship with God.

- Weekly chapel services
- Campus community groups and Bible
- Ministry groups
- Service days and mission trips

For more information about churches in the area and how to get involved in ministry, visit <u>mobap.edu/student-life/</u><u>spiritual-life/</u>.

Health AND Safety

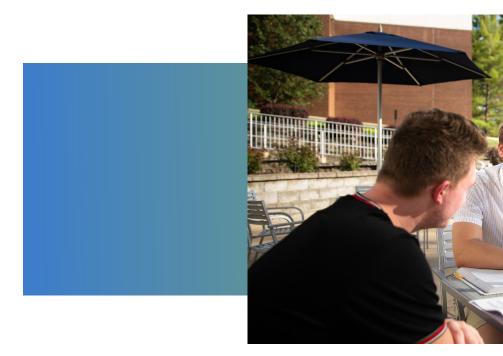
Public Safety

Public safety officers patrol MBU's campus for 24 hours a day, 7 days a week. Each officer is licensed and has arrest authority through the St. Louis County Police Security Division. To sign up for emergency notifications from MBU, visit getrave.com/login/mobap.

CONTACT PUBLIC SAFETY

Phone: 314-744-5355 Location: Spartan Village 101, Suite 101

IN THE EVENT OF AN EMERGENCY, CALL 911



Counseling Services

Free counseling services are available to all MBU students. To schedule an appointment and complete the necessary forms for services, please email Counseling Services.

CONTACT COUNSELING SERVICES

Email: counselingservices@mobap.eduHours: 8 p.m. to 4 p.m.Location: Spartan Row, Building 503, Suite 202

IN THE EVENT OF AN EMERGENCY, CALL 911

Finances

Bill Payment

Students can pay their bill through the student portal, over the phone, by mail or in-person. Students choosing to pay via credit or debit card will incur a 2.85% non-refundable service fee. No service fee charge will apply if students pay with an e-check/ACH, a personal check, a money order or cash. Please do not mail cash.

Students who cannot pay in full by the first day of the term may set up an interest-free payment plan through Nelnet. Log into <u>MyMBU Access</u> and click on My Payments/Refunds to enroll. The cost for enrolling in a plan is \$30 for each term.

CONTACT FINANCIAL SERVICES

Phone: 314-392-2366 Email: financialservices@mobap.edu



FAFSA

Students must fill out the Free Application for Federal Student Aid (FAFSA) each year. The form opens on October 1st, and it's important to file it as soon as possible, as federal aid is awarded on a first come, first serve basis. Visit <u>mobap.edu/financial-aid/</u> <u>how-to-apply/financial-aid-fafsa/</u> or scan the QR code to learn more.

MBU'S TITLE IV SCHOOL CODE 007540





Career development

Encourage your student in their professional pursuits.

We provide rosources for students to pursue meaningful careers. Opportunities include career weeks, job fairs and mentorship experiences. Visit <u>mobap.edu/student-life/student-services/career-development/students/</u> to learn more.



Find jobs and internships on our online career platform, <u>Handshake</u>!



Sharing SHOP

We are here to help in any way we can.

We created the Sharing Shop to help students who encounter unexpected and difficult situations. Members of the MBU community have stocked the shop with food items and basic necessities to help lift financial burdens even just a little.

Students can submit a form at <u>mobap.edu/sharing-shop/</u> to request supplies from the sharing shop. All information will remain confidential.

> Let each of you look not only to his own interests, but also to the interests of others. Philippians 2:5

NOTIFY US ABOUT A STRUGGLING STUDENT

If a student is experiencing challenges that concern you, please report your concern by scanning the QR code. Examples include:

- Behavior significantly out of character
- Unhealthy or dangerous patterns of behavior
- Continued distress after prior referrals

Praying FOR YOUR STUDENT

Pray for your student regarding their...

RELATIONSHIP WITH GOD

- \square Know, love and follow Jesus.
- \Box Find and join a healthy church.
- \Box Understand God's will for their lives and vocations.

RELATIONSHIPS WITH OTHERS

- □ Find close friends who support and challenge each other.
- \Box Find a godly mentor who will challenge their faith.
- \Box Connect with their professors and learn from them.
- \Box Love and serve their neighbor.

HEALTH AND SAFETY

- \Box Stay healthy in mind and body.
- \Box Take care of their body by exercising and eating well.
- \Box Care for their mental health.
- $\hfill\square$ Support and encourage those who are struggling.

ACADEMICS

- $\hfill\square$ Love to learn, both inside and outside of the classroom.
- Develop good study habits and manage their time wisely.
- □ Gain wisdom and clarity about their future career.
- \Box Pursue opportunities to grow in their field.

ATHLETICS

- □ Stay safe while training and competing.
- Develop healthy relationships with their teammates.
- □ Exhibit gracious competition, both on and off the field.

MBU Office CONTACT INFORMATION

Admissions—314.392.2290 | MBUadmissions@mobap.edu Alumni Engagement—314.744.5322 | alumni@mobap.edu Athletics 314.392.2279 Bookstore—bookstore@mobap.edu Career Development—314.392.2229 | career@mobap.edu Counseling Services—counselingservices@mobap.edu IT—314.392.2377 | helpdesk@mobap.edu Parent and Family Engagement—314.744.5322 family@mobap.edu Financial Services—314.392.2366 | SFS@mobap.edu Public Safety—314.744.5355 | MBUPS@mobap.edu Records—314.392.2232 | recordsoffice@mobap.edu Resident Life—314.392.2262 | ResidentLife@mobap.edu Spiritual Life—314.392.2251 | SpiritualLife@mobap.edu Student Development—314.392.2212 studentdevelopment@mobap.edu Student Life—studentlife@mobap.edu Student Success Center-314.392.2364 University Advancement—314.392.2304 advancement@mobap.edu

University Advancement

One College Park Drive Saint Louis, MO 63141-8698

314-434-1115 | 877-434-1115

